

Daily Meditation Transcript 08/29/2021

Beyond Selfishness to Listening & Solidarity

Good morning.

Today's essay, we're continuing our meditation on obedience, disobedience, and fascism -- the ethos of fascism. As [Dorothee] Soelle says, "Obedience operates in the barbaric ethos of fascism." Now I point out, this is what the first chakra is all about, that is to say, to resist a narrow, tribal listening to the world. Because the first chakra is about listening, it's about vibration, it is located, it's a sacrum, the holy bone, which is located where our tails would be, if we had tails. And I think the animals with tails, um, the tail operates like an antenna, among other things, it picks up sounds and therefore vibrations, and science now tells us that all atoms in the universe are vibrating. So, vibration is everywhere. Music is everywhere, because music is vibration. Of course, we don't pick up all the music, our ears are not that sensitive, but many other creatures pick up a lot more music than we do.

And all this is part of my book, "Sins of the Spirit, Blessings of the Flesh: Transforming Evil in Soul & Society," where I try to come up with another angle, another language too, to talk about evil. And this is so important because today, evil is front-and-center in so many situations in our lives: the denial of climate change, the denial of racism, as well as the practicing of it, and it's been baked into our structures, into our systems and patriarchy...so many elements of evil are arising and visible to us. Carl Jung said that in the Age of Aquarius, evil will no longer be under the table, it'll be on top of the table for all to see. And the question will be, will we have the courage to face it and do something about it? These are the kind of times we're living in, so we have to be talking about evil and reflecting on it more. And the, the advantage, I think, of talking about 'evil' in light of the Seven Chakras of the east, is it's bringing Eastern and Western wisdom together.

The Seven Chakras of the East represent, uh, points within our physiology, as well as psychology, and spirituality, of strength, and meaning, and healthy power... but an off-centered chakra would represent, um, a place where the door of our hearts and of our power centers can be opened to let evil in. And this corresponds to the Seven Capital Sins of the West.

Now the first chakras I've been talking about, is about sound and vibration, it's also about being on the earth, because it connects to our knee, the sub-chakra in the knee and then in our foot. So it's about our walking the earth. And so, the earth crisis we're in today is related to the first chakra. That we're cut off from our roots, uh, with the earth. And to me, it's very clear, the traditional capital sin of arrogance, which we've misspoken about as pride, in previous essays this week, I spoke about the blessing that pride is, the virtue that pride is, but arrogance is something else. The arrogance of white supremacy is on the rise, it's above table for all to see today. It's embedding itself in new laws, the arrogance of patriarchy of the, of a distorted version of masculinity trying to run the world and conquer the world. In the arrogance of not hearing others who are

different from us, who are suffering, including the earth and her creatures... this is all part of the First Chakra crisis that we're in.

In the arrogance of our education, that remains in the head, giving PhDs for the *rational* brain and nothing for a *value* brain, which helps to explain some of the strife in our world today. And these people running media corporations solely for the sake of creating turmoil, in order to gin up the financial success, the greed of a corporation and its investors. So, these are serious subjects, and I think that, um, *solidarity,* as I point out in the essay, is what the First Chakra is about. *Solidarity* with one another, *solidarity* with people of all tribes, not just one tribe, all tribes, and *solidarity* with the earth, and therefore with the future, with future children, not only of our species, but of all the marvelous species on this special and unique planet we call home.

Thank you, we'll see you tomorrow.