

Daily Meditation 02/22/22

More Practices to Regain the Healthy, Sacred Masculine

Good morning.

We're talking today about practices to develop the sacred masculine and how to practice these ten archetypes that we've named as being very primal and foundational and ancient, that can assist in bringing the healthy masculine alive.

So let me speak a bit about practices for bringing the Green Man alive.

Christians should know, but many don't, that the Green Man came alive in Europe in the 12th century, at the same time that the Divine Feminine came back strongly, created a whole new architecture that was eminently feminine, full of light, and space, that we call the Gothic revolution, the Gothic cathedrals. And the green man came in with her.

And are we aware that Hildegard of Bingen, who lived through four fifths of the 12th century, talks about Christ as a green man? It's very interesting that she jumped on that immediately. And of course, she developed a whole theology around the concept of veriditas, or greening power.

So, here's the practice.

In what ways do you see Christ as a green man? And others from other traditions can ask, where are the green men in their tradition, of Islam? Or Judaism? Or Buddhism? Or Taoism? How do we translate the version of masculinity laid out by any of our spiritual traditions, in light of the needs of Mother Earth today? And in light of our love of creation?

What about our diets? Are we eating too much meat, too much beef? Raising beef takes up so much land, so much water, and so much food. And it also produces methane in the farting that cows do. And this methane is very dangerous for the environment.

What about our political participation? Do we demand of our representatives, local, congressional, senatorial, that they not hide their heads in the sand about fossil fuels? And about climate change, that they not be deniers of climate change?

What about calling into radio programs and writing letters to editors and linking up with the groups today that are working seriously to save the earth? And to alert people about the facts, scientific facts, of what is happening to Mother Earth?

How about planting trees? This past week, we learned that in India alone they planted 60 million trees this past year...60 million trees. Trees are the best way we currently have to process carbon and to return the earth to where

it's safe. So clearly a revolution of planting trees could have a tremendously positive effect on the future of the earth.

Those who have studied these things have concluded that if all humanity went vegan and took all the land we are now using to raise livestock and put trees there, we could not only stop the Eco destruction, stop climate change in its tracks, we would set it back. Yes, we would undo what we're doing to the climate.

Now even if we can't all become vegan, many can especially the young who haven't fully developed their diets yet. And all of us can cut back considerably on the amount of meat that we eat.

So there lies a tremendous opportunity for being green men and women and green children who are serious about saving the planet for future generations, not only of humans, but of all the wonderful creatures too, all the other wonderful creatures we share the planet with.

Thank you. We'll see you tomorrow.