

Daily Meditation 03/03/22

A Poem/Litany/Prayer to the Sacred Masculine

Good morning.

We're continuing our meditations on the healthy masculine, the sacred masculine, as distinct from the toxic masculine, that leads us to war. That is not about spiritual warriorhood, but is about the reptilian brain beating up on others: I win, you lose. That does not entertain the divine feminine, has no place for it; instead creates a structure of domination instead of partnership: over women, over Mother Earth, Gaia, and over others.

So we're offering this prayer, this litany, this poem, which is a sharing of the themes and titles that we've been working with, with the Daily Meditations since late November when the Kyle Rittenhouse trial took place. And it was so obvious that here is a confused 17-year-old with no understanding of the healthy masculine who felt he had to strut the streets during an uprising, with his AR-15 on our shoulders to prove that he was a man.

And the whole thing was pitiful, I feel sorry for him. But even more for the people he killed and maimed. And that is what really triggered this theme of the sacred and healthy masculine in our Daily Meditations. And we've gone from Kyle Rittenhouse to Mr. Putin in a few months, from that mini war in the streets of Kenosha, to this terrible war in the heart of Europe, with all kinds of intimations of bad things that could come from it.

And so it is an opportunity to go deeper and try to analyze: why do people go to war? Why do men always have to go to war, it seems?

And so this prayer that we're offering is about meditating, contemplating on these themes that I think speak to the causes, and therefore, the medicine for lurching into war.

January 1, A New Year's prayer, inner and outer work, men who do not do their inner work, Mr. Putin, bring outer work that becomes an instrument of evil. It's that simple. All have to do the inner work. This is what Mohammad said, centuries ago, that the primary meaning of jihad is not making war against others; it's dealing with, struggling with your inner self to become a better person, a more virtuous person, a more healthfully masculine person.

January 3, Awakening to Father Sky and the sacred masculine. So again, this archetype of Father Sky is the first of the archetypes of the sacred masculine.

January 4, Father Sky and the return of the sacred masculine

January 5, Men holding spirituality in secret.

January 6, Additional reasons why men hide their spirituality. Why do men hide their spirituality from themselves as well as from others?

January 8, The sacred masculine and Father Sky.

January 9, How Father Sky opens the door of the heart to the sacred masculine, there's no spirituality without the heart being opened. We do not live just in our heads or with our numbers. We all live with heart as well. Many men are afraid to go into that heart to explore what's there.

January 10, Father Sky in Scripture,

January 11, The modern era kills Father Sky. Yes when we were told the universe is a machine, that killed Father Sky. We became more and more introspective in the sense of shrinking our souls because the cosmos was no longer there.

January 12, Aboriginals of Australia on Father Sky. So the ancient peoples have a whole theology of Father Sky, unlike the modern era.

January 13, Father Sky among indigenous peoples. So not just the aborigines of Australia, but indigenous peoples of America and their lands.

January 14, Father Sky among indigenous peoples and in Islam and African religions.

January 15, Our postmodern sky. Sky is opened up with postmodern science today, it's alive. There's a star being born every 15 seconds.

January 18, Martin Luther King, Howard Thurman, and the return of the sacred masculine

January 29, Thich Nhat Hanh and the sacred masculine. Thich Nhat Hanh passed around that time.

February 1, Putin's hypermasculinity, the Irish fleet fishing fleet, and St. Brigid. That was a hint at what was to come later in the month, when Putin at first was threatening the Irish fishing fleet, but they they stood up to him and Putin had to move, not them. But was he was preparing for the Ukraine war? Of course.

February 4, Adrienne Rich on the healthy masculine and divine feminine. It certainly behooves us to go to feminists to learn more about the healthy masculine and its relationship to the divine feminine.

February 6, Adrienne Rich on the gifts of feminism to a patriarchal world. Any healthy masculine welcomes the gifts of the feminine.

February 9, The sacred marriage of the Green Man and the Black Madonna. So here's another important archetype of our time for the sacred masculine, the Green Man. And of course, the Black Madonna is a marvelous telling of the divine feminine.

February 15th, A sacred marriage of East and West, feminine and masculine, where the East represents the feminine and the West, the masculine.

February 19, The role of toxic masculinity and gun violence unveiled. So how much of our obsession with guns comes from a need to believe in our manhood?

February 21, Practices for recovering the sacred masculine.

February 22, More practices to regain the healthy sacred masculine.

February 25, Putin's masculinity problem. Putin's masculinity problem. This is what makes war.

February 26, Humanity's masculinity problem, humanity's masculinity problem.

And February 27, A tale of two TV stars turned President, two versions of masculinity.

And of course, I'm talking about the brave leader of Ukraine during this war, and the recent President of the United States who couldn't even face the fact that he lost an election by 8 million votes and had to turn the country inside out and upside down, calling for all kinds of new laws which are really efforts to repress voters, especially people of color and young voters.

Thank you. We'll see you tomorrow.