

Daily Meditation 05/25/2022

## Chakras as Original Blessings in Our Struggle Against Evil

Good morning.

In yesterday's meditation, we laid out several practices that we can do and need to do to recover our inner strength, cover our sense of the holy and the sacred, to ground us in facing evil, not running from it, not going into denial about it, and also not overreacting or over-saturating ourselves with bad news. Finding that centering place where the threshold is coming together, of the good and the bad, the sacred and the evil.

We continue that perspective today in this discussion of the chakras.

Several people have asked recently, in facing the evil that humans do and are doing and can do, what happens to the original blessing idea? Is that out the window, or is it a false premise?

But actually, it creates the entire context in which we live, and move and have our being. Because without 13.8 billion years that preceded us, and then developed this amazing planet, and which eventually became a home for our species, and so many other amazing species...Without all that preparation, we would not be here facing the dilemmas of what choices we make, whether they be for good, or for evil.

So the big picture is a picture of blessing, original blessing, therefore, because it is original: the whole cosmos is a blessing. This is, I think, what Aquinas means when he says:

*The most excellent thing in the universe is not the human. The most excellent thing in the universe is the universe itself.*

And we are all here, all beings are here to serve the universe, this original blessing.

And Thomas Berry talks about the universe as the primary sacred entity, you may say the primary sacrament; that surely is a blessing, and an original blessing.

But in today's meditation, talking about the chakras, we are getting more particular, talking about ourselves as human beings and as individuals. In naming the seven power points, the seven opportunities for doing good, for being good, for serving, for loving.

So, the chakras themselves become original blessings, because we didn't make them. They are part of our being here, as human beings. We can facilitate them. We can educate them, train them. Or we can abuse them and use them to abuse others.

That's where our choice, our power of choice comes in. "I put before you life and death. Choose life," says the book of Deuteronomy.

So we do have choices, and the choices to use, to choose to use as effectively as possible, each of our powers. And I think these powers are well named, not completely named, but well named, in terms of the seven chakras.

And as Aquinas says, "misdirected love" -- each chakra is a door, each chakra is a source of love. And misdirected love is the very meaning of sin.

The Hebrew word for sin is an archery term meaning "missing the mark." So, missing the bullseye of the chakras. So we want to focus on those chakras and develop them and become at home with that bullseye in order to give back blessing to others.

So from the great original blessing of the universe, of this earth, of all its accomplishments and all its beauty, and of the human being, being another of its accomplishments: that's the big picture. And there is a personal picture of our own bodies, our own souls, our own choices. These also are original blessings.

Thank you, we'll see you tomorrow.