## Daily Meditation 11-05-22 On Crime and Inflation

## Good morning.

This morning we're meditating on the topic of crime and inflation, which seem to be forefront with many people about this election season. And I point out that a lot of the inflation is happening because of oil companies that are making record profits during this time of war with Russia and Ukraine, which is, in turn, of course, forcing tremendous pressure on oil prices, certainly in Europe, and in America too, though not nearly as extreme.

And I pointed out some of the facts about how many of the profits are with three major companies Valero, Exxon, and Shell. And in fact, the American Congress, half of it, the House, passed a bill holding big oil corporations accountable for ripping off consumers this spring. But the Senate has not yet acted on that bill. And it is an effort to crack down on price gouging. And, of course, polluting.

So this is still in the works.

But one thing I find ironic about this election and the many naysayers, deniers, about the previous election, is that this war, horrible war, being fought in Ukraine, between Russia and Ukraine, is in many ways a war over democracy. Russia doesn't want a successful democracy right on its border there, that once was part of the Soviet empire. And this has a lot to do with Putin's aggression.

But notice what's happening, that in America we have a growing number of people with a lot of financial backing, saying that we don't need elections anymore. Let's just have statehouses tell us who the next president is and so forth. Many people running for office, over 200, who are in denial about the last election. And among them, many people who say that they will not necessarily abide by the votes that are counted on election day.

In other words, they're turning their back on democracy.

But Ukraine is fighting this horrible war against a much, much, much larger country. And on its own soil, so many of its homes, businesses and buildings being destroyed, as well as thousands of human people losing their lives or their limbs and so forth.

But they're fighting fiercely and bravely and courageously over what? Over the desire to have elections, over the desire to have a democracy.

So the human race is really amazing, isn't it? On the one hand, we have people who've lived in a so-called democracy, imperfect as it is, for 226 years I think it is, now denouncing it, saying they don't want it.

But meanwhile we Americans are providing our tax dollars, a lot of support, for Ukraine to fight for democracy.

So the times we live in are truly remarkable. But we have to stay grounded. And we have to ask, do we believe in democracy or not? Are we willing to sacrifice for it? Certainly the Ukrainians are sacrificing, and we are sacrificing. We're sacrificing the cost at the gas pump and the cost in our grocery stores. But there are some in America who do not believe enough in democracy. They are trying to bring it down.

Room for meditation, room for thought, room for action.

Be sure to vote.

Thank you. We'll see you tomorrow.